

Primary Therapist (PHP/IOP – Child & Adolescent)

Location: Northbrook, IL

Position Type: Full-Time

Salary: \$65,000 – \$75,000 (based on licensure and experience)

About Enso Wellness Center

Enso Wellness Center is a child and adolescent Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) serving ages 8–18. Our program provides structured, group-based mental health treatment with a strong emphasis on collaboration between families, schools, and outpatient providers.

We take a hands-on, relational approach to care—focusing on skill-building, emotional regulation, and real-world application to support long-term success beyond the program.

Position Overview

The Primary Therapist is responsible for providing direct clinical care within a highly structured, group-based treatment environment. This role includes individual therapy, family therapy, group facilitation, and care coordination.

This is a dynamic, team-based role requiring strong clinical judgment, engagement, and the ability to manage real-time behaviors within the milieu.

Why Join This Role

This position is ideal for clinicians who want to move beyond traditional outpatient therapy and be part of a collaborative, immersive treatment model.

What makes this role unique:

- High-impact clinical work with consistent patient contact
- Combination of individual, family, and group therapy

- Strong team support, you are not working in isolation
 - Opportunity to see real-time progress in a structured environment
 - Hands-on approach to skill-building and behavioral change
 - Supportive leadership and opportunities for growth
 - Generous PTO and benefits
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Key Responsibilities

Direct Clinical Care

- Provide individual therapy to assigned patients
 - Conduct family therapy sessions
 - Facilitate daily therapy groups (CBT, DBT, coping skills, emotional regulation)
 - Support patients in the milieu, reinforcing skills in real time
 - Collaboration with outpatient therapists, schools, and any additional members of your assignment patient's treatment team
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Group Facilitation

- Lead or co-lead structured therapeutic groups
 - Assist in developing and implement engaging, age-appropriate group content
 - Adapt interventions based on group dynamics and patient needs
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Care Coordination & Collaboration

- Serve as the primary therapist for a caseload of patients
 - Communicate regularly with families regarding progress and treatment goals
 - Collaborate with schools, outpatient providers, and referral sources
 - Participate in multidisciplinary team meetings and staffings
 - Assist with discharge planning and transition of care
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Treatment Planning

- Complete biopsychosocial assessments
 - Develop and update individualized treatment plans
 - Monitor progress and adjust interventions as needed
 - Support continued stay reviews and documentation of medical necessity
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Documentation & Compliance

- Complete timely and accurate clinical documentation
 - Maintain records in accordance with HIPAA and The Joint Commission standards
 - Ensure all documentation supports quality care and regulatory requirements
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Qualifications

- Master's Degree in Social Work, Counseling, or related field
 - Licensed or license-eligible in Illinois (LSW, LPC, LCPC, LCSW preferred)
 - Experience working with children and adolescents required
 - Experience in PHP, IOP, inpatient, or group settings strongly preferred
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What We're Looking For

- Strong group facilitator (able to actively engage and manage groups)
 - Clinician who balances empathy with structure and accountability
 - Team-oriented and collaborative mindset
 - Comfortable working in a fast-paced, high-energy environment
 - Strong communication skills with families and providers
 - Ability to manage dysregulation and provide real-time interventions
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Schedule

- PHP: Monday–Friday, daytime hours
- IOP: Monday–Thursday, late afternoon/early evening

- Schedule may vary based on program needs
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Compensation & Benefits

- Salary: \$65,000 – \$75,000 (based on licensure and experience)
 - Generous Paid Time Off (PTO)
 - Health, dental, and vision insurance
 - 401k
 - Supportive and collaborative work environment
 - Opportunities for professional growth and advancement
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How to Apply

Interested candidates should submit the following:

- Resume
- Cover Letter (optional but encouraged)

Please send all application materials to:

info@ensowellnesscenters.com

Subject Line: *Primary Therapist Application – [Your Name]*

Additional Information

Enso Wellness Center is an equal opportunity employer committed to creating an inclusive and supportive environment for both staff and the individuals we serve.